

Grade School Camp Description:

(Boys & Girls 9am-12pm or 1-4pm)

This camp is designed for boys and girls grade school and middle school age volleyball players of all skill levels. All campers will receive a basic covering of both team and individual skills for the athlete to regain fundamentals prior to school tryouts. Campers will also be provided with a camp T-shirt and other awards.

High School Camp Description:

(Overnight or 8am-5pm)

This camp is designed for high school aged girls entering 9th grade through 12th grade of all talent levels. The training sessions will target higher level focuses on individual skill and team strategies. Sessions will include general techniques and skills needed to execute their desired position. During the last training sessions players will be separated into teams for tournament style play. You have the option to stay in the dorms both nights or commute. Camp fees include housing and meals (only lunch for commuters), camp T-shirt, as well as other awards and prizes. Housing will be in traditional campus dorms and meals in our dining hall. The dorms consist of two single beds and two small dressers. Each camp will have a roommate and access to community showers.

Supervision:

McKendree coaching staff will be supervising all camp participants throughout all training sessions. No campers will be allowed to walk unsupervised through campus for any reason. There will be camp staff members staying/monitoring each floor of campus housing throughout the night in case of any needed assistance.

Things to Bring to Camp:

- Snacks such as fruit, granola/protein bars, refillable water bottle, Gatorade/sports drinks.
- Comfortable clothing such as shorts/spandex, socks, t-shirt, athletic shoes, knee pads, athletic braces if needed.
- Pillow, sheets for a twin mattress, towel, toiletries and bathing materials, enough clothing for multiple days and comfortable clothes for night time.
- Enthusiasm and positive attitude about the game of volleyball and others.

Location/Registration:

Camps will be held on McKendree University campus with training sessions taking place in Melvin Price Convocation Center (MPCC). Registration can be completed through filling out this application and mailing checks to the address below or online via credit card at below website. Check in will be at 9am on July 30th for all campers. Check out and the completion of camp will be at 2pm on August 1st. Commuters will check in daily at 8am and check out nightly at 5pm.

<http://volleyball.mckendreecamps.com/index.cfm>

Mail To:

McKendree University-Volleyball Camp
701 College Road
Lebanon, IL 62254

NAME

EMAIL

ADDRESS

CITY

STATE

ZIP

PHONE (Day/Cell)

2016-2017 GRADE

DATE OF BIRTH

T-SHIRT SIZE: XS S M L XL

Please choose camp(s) you wish to attend:

Grade School Camp June 7-9 (\$100)

_____ 9am-12pm

_____ 1pm-4pm

_____ Both (\$175) *lunch not provided

High School Camp July 30-August 1

_____ Commute (\$250) *lunch provided

_____ Overnight (\$350) *includes meals and
housing

Camp Staff:



Nickie Sanlin
Head Coach

- 2nd Season as Head Women's Coach past results include GLVC runner-up and East division champions, NCAA Tournament appearance
- 3rd Season as Head Men's Coach in MIVA conference
- USA Volleyball High Performance Coach with Men's and Women's programs 6 years
- Local club and high school coach for 9 years
- Former Division I player at Marshall University



Ben Duckworth
Assistant Coach

- 3rd Season as Assistant for McKendree Women's and Men's Volleyball teams
- USA Volleyball High Performance Coach with Men's and Women's programs 4 years
- Local club coach for 8 years
- Former Division I player at IPFW



McKendree University-Volleyball Camp

701 College Road

Lebanon, IL 62254

McKendree University 2016 Summer Volleyball Camps



JUNE 7-9 Grade School Camp

9am-12pm or 1pm-4pm

(Boys & Girls ages 10-14)

JULY 30-AUGUST 1 Girls High

School Camp

