#### High School Camp:

This camp is designed for high school aged girls entering 9<sup>th</sup> grade through 12<sup>th</sup> grade of all skill levels. The training sessions will target higher level focuses on individual skill development and team system strategies. Sessions will include general techniques and skills needed to execute their desired position. During the last training sessions players will be separated into teams for tournament style play. You have the option to stay in the dorms both nights or commute. Camp fees include housing and meals (only lunch for commuters), camp T-shirt, as well as other awards and prizes. Housing will be in traditional campus dorms and meals in our dining hall. The dorms consist of two single beds and two small dressers. Each camper will have a roommate and access to community showers.

Questions please contact: Nickie Sanlin, <u>nosanlin@mckendree.edu</u> or Christian Staple, <u>cnstaple@mckendree.edu</u>



# High School Skills Camp McKendree University July 30th – Aug 1st, 2017

#### Location:

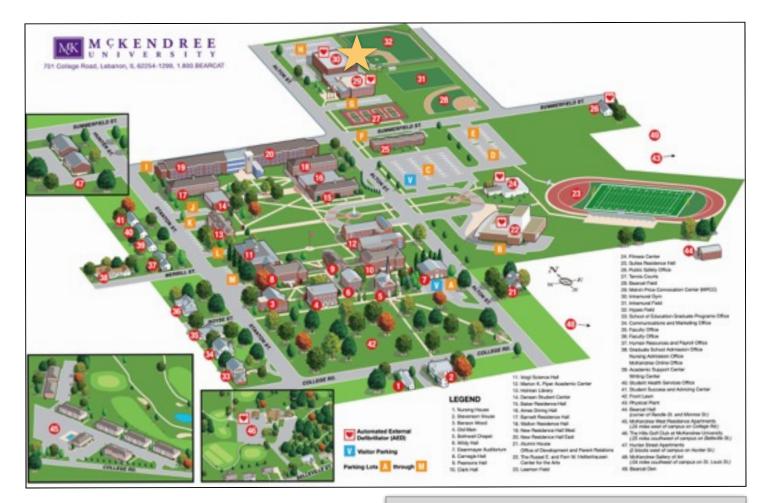
Melvin Price Convocation Center on the McKendree University Campus. 701 College Road, Lebanon, IL 62254

Cost: \$200 Commuter \$300 Resident

### Registration/Pick Up Times

Registration can be completed through filling out the paper application and mailing checks to the above address or online via credit card. Check–In will be at 9am on July 30th for all campers. Checkout for commuters will be 5pm on July 30th and 31st. Conclusion of camp will be at 12pm on August 1st.

Name		Grade			Date of Birth		
Address		City			State	Zip	
Phone	Email						
Emergency Contact		Phone Numb			ber		
T–Shirt Size:	Small	Medium	Large	XL			
Make checks payable to McKendree Volleyball							





## VOLLEYBALL CAMP STAFF

- Nickie Sanlin, Head Coach Men's & Women's
- Christian Staple, Assistant Coach Men's & Women's
- Sam Adams, Graduate Assistant Coach Men's & Women's
- McKendree University Volleyball Team



